

# Pulse Regeneration Limited

## Environmental Policy

### 1 Policy Statement

Pulse Regeneration recognises the importance of sustainable development for future generations and that its decisions and actions affect society and the economy, as well as the environment and natural resources. In addition, Pulse Regeneration recognises that commercial and business operations impact on the environment and is committed to minimising the negative impact of its activities on the environment wherever practicable. We operate in a reasonable manner to ensure that environmental management is integrated in all of our business processes, which allows us to manage our environmental performance in such a way as to allow it to contribute to improved environmental quality.

As such Pulse Regeneration is committed to promoting sustainability and aims to promote good sustainability practice and reduce the impact of its activities and services. The overall aim and purpose of this policy is therefore to set out how we will demonstrate our commitment to sustainability and leadership for environmental management.

### 2 Objectives

The objectives of the policy are to:

- Comply with, and where appropriate exceed all relevant UK and European legislation, regulations and codes of practice, including ISO 14001
- Reduce the carbon footprint of our business activities, including minimising waste production
- Continuously improve our environmental performance and integrate environmental management into our business operations
- Integrate sustainability into all business decisions
- Increase the awareness and understanding of sustainability amongst staff and ensure they are committed to improving it
- Minimise the impact of all office and transportation activities
- Ensure environmental criteria are taken into account in the procurement of goods and services
- Encourage the purchase of goods which have minimal impact on natural resources
- Make clients and suppliers aware of the policy and encourage them to adopt sound sustainability practices
- Review and continually strive to improve sustainability performance

### **3 Implementation**

Through implementation of the policy, it will be the aim to seek to be accredited with Environmental Management standard ISO 14001. In order to implement the above objectives Pulse Regeneration will:

#### **3.1 Travel and Meetings**

- Discourage non-essential use of private cars and promote the use of public transport
- Walk, cycle and/or use public transport to attend meetings, site visits etc, apart from in exceptional circumstances where the alternatives are impractical and/ or cost prohibitive
- Encourage efficient timings of meetings to avoid multiple trips

#### **3.2 Office Equipment**

- Purchase the most energy efficient equipment when compared with alternatives of a similar cost and performance
- Purchase recycled paper
- All redundant office equipment will be sold or donated to a social enterprise for reuse or recycle
- Give preference to timber and timber products that carry either the Forest Stewardship Council (FSC) Trademark or equivalent independent certification
- Purchase products and use suppliers locally wherever practical
- Purchase fair trade and/ or organic beverages

#### **3.3 Consumption of Resources**

- Promote awareness of waste minimisation and recycling amongst staff
- Minimise use of paper and other office consumables, for example, by double siding all paper used
- Reuse or recycle office waste, including office paper and toner cartridges
- All glass, cans and plastic bottles will be recycled
- All lighting to use low energy bulbs
- Ensure office equipment is set to standby when left for a short period and equipment is turned off overnight

#### **3.4 Working Practices**

- Include a copy of the Sustainability Policy in all proposals to clients
- Ensure that any associates that are employed take account of sustainability issues in their advice to clients
- Create a healthy working environment including having plants in the office
- Ensure good housekeeping

## **4 Environmental Management**

We will:

- Comply with relevant environmental regulations and legislation
- Provide appropriate and sufficient resources to develop and maintain an environmental management system
- Establish and maintain a management process to monitor, inspect and review the environmental management system
- Educate and train employees in environmental issues and the affect of their actions
- Communicate the importance of environmental issues to our clients and suppliers
- Set environmental objectives and targets
- Recycle material where applicable and appropriate
- Minimise waste and dispose of it in an environmentally conscious way
- Use environmentally preferable products and materials
- Manage energy, materials and water effectively
- Ensure that the policy is made available to all employees, clients and suppliers
- Review our environmental policy regularly to ensure continued improved performance

## **5 Responsibility**

Pulse Regeneration has appointed a Sustainability Co-ordinator, who has responsibility for ensuring ongoing performance, identification of environmental risks, recording and monitoring of impacts and implementing sustainability measures.